



QAP Learning Activity & Credit Framework (Based on Time and/or Activity)

This resource is an “at-a-glance” summary of the learning activity categories and eligibility for credit allowances within the QAP. Readers should also consult Part 5 of the QAP Information Guide for comprehensive information.

1

- Courses, lectures, presentations, sessions, seminars- both online and in-person

1 credit/hr

2

- Attending dental hygiene/ dental conferences (exhibit hall)
Does not include sessions taken at conference

2 credits/conference
Max 12/cycle

3

- Completing [San'yas Indigenous Cultural Safety Training \(Core Health\) by PHSA](#)

Max 10 credits/ cycle

4

- Reading a journal article or chapter in a dental hygiene related textbook
Registrants must complete a reflection on their Online Learning Plan to support their learning for this type of activity

1 credit/article
Max 30 credits/cycle

5

- Dental hygiene related teaching or presenting completed outside of paid hours
Optional: [Lesson planning template available](#)

1 credit/hour
Max 15 credits/cycle

6

- Membership on a dental hygiene committee or attending professional meetings (10 credits max)
- Mentoring a peer (10 credits max)
- Assessor, Examiner or Investigator (10 credits max)

1 credit/hour
Max 20 credits/cycle

7

- Preparation for QAP* Assessment Tool or preparation for a dental hygiene board exam

1 credit/hour
Max 15 credits/cycle

8

- BCDHA Comprehensive Dental Hygiene Refresher Modules

3 credits max//module

9

- Post diploma dental hygiene related education such as a recognized Dental Hygiene Degree program

13 credits max/course credit

10

- Other formal university or college level education

Must be supported by a self-directed learning plan including a substantial reflection describing relevancy to DH practice along with how this knowledge will be applied to DH practice (to be completed in the Online Learning Plan)

20 credits max/cycle

11

- Primary/Secondary research related to dental hygiene practice

1 credit/research area

12

- Volunteer work in a community oral health project

*“[Volunteer Contract Form](#)” to be completed for submission to QAC***

QAC to approve credits
Maximum 20 credits/cycle

13

- Involvement in a CDHBC-organized initiative, project, calibration and/or training

Credits will be individually designated by CDHBC

14

- Basic Computer Skills Courses
- Must be accompanied by a reflection outlining the application to DH practice*
- Reflection to be completed in the Online Learning Plan*

5 credits max/cycle

15

- Authorship of textbook chapter (15 credits)
- Authorship of article published in a peer-reviewed oral health science publication (10 credits)
- Original research published in a peer-reviewed oral health science publication (15 credits)

15 credits max/cycle

16

- Published reviews of books relating to dental hygiene outside of regular work hours
- Dental hygiene related articles written and published in non-peer-reviewed publications outside of regular work hours

3 credits max/cycle

17

- Directed study/mentoring learning
- “[Mentor Approval Form](#)” to be completed for submission to QAC*

QAC to approve credits
Maximum 20 credits/cycle

18

- Other learning activities
- “[QAP CC Credit Activity Approval Form](#)” to be completed for submission to QAC. Must be supported through the **OLP***** describing relevancy and applicability to DH practice.*

QAC to approve credits
Maximum 20 credits/cycle

19

CDHBC Modules:

- *Jurisprudence Education Module*
- *Local Anaesthetic Module*

3 credits/module
Max once/cycle

The credits in this framework are examples of what may be appropriate learning activities but do not represent an exhaustive list. As potential activities and course continually change it is not possible to create an all inclusive list of current activities that would be appropriate for continuing competency credits. It will be up to the professional judgment of the registrant to determine if the activity completed actually meets the registrants required or identified learning needs and determine which activity description it best falls within.

* Quality Assurance Program

** Quality Assurance Committee

*** Online Learning Plan

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